



Example Speech 1: Zero Hunger

Introduction:

Hello, my name is _____ and I will tell you about the second sustainable development goal, Zero Hunger. The goal is to end hunger around the world. But what is hunger? First, I will explain what hunger is and why it is a problem. Next, I will explain where it is a problem, and finally I will explain how we can help.

Main Point 1:

Hunger is the pain in your stomach when you don't eat enough food. Did you know that in 2019, 821 million people around the world were hungry? This means they had little food. The UN says that around 135 million people felt "extreme hunger." Extreme hunger means you might die. The UN also says that number will double because of COVID-19. Today, 1 in 9 people are hungry, and even worse, 1 in 3 people are malnourished. Malnourished means someone is sick because they do not have enough food.

Main Point 2:

Hunger is a problem in most countries. However, the UN says that Central Africa, the Caribbean, Southern Asia, Southeastern Asia, and Western Asia have the highest number of hungry people. 63% of world hunger is actually in Asia. How did the problem get so big? Some reasons are war, natural disasters, and food waste. However, the biggest reason is poverty. Poverty means to not have enough money to live.

Main Point 3:

Hunger is a worldwide problem that needs a worldwide solution. Governments must help those in need, but you can also help. You can help by supporting local farms and markets, reducing the amount of food you waste, and donating to food banks or global organizations, like the World Food Programme or UNICEF.

Conclusion:

To achieve this goal, we need to work together. I've talked today about the problem of hunger because the first step to ending a problem is to talk about it. We all need food to live, but many people don't have enough healthy food. This needs to change. Zero Hunger is an important goal, and will help other SDGs too. Remember, change can start with you. Thanks for listening.